

# Face Mask Donations

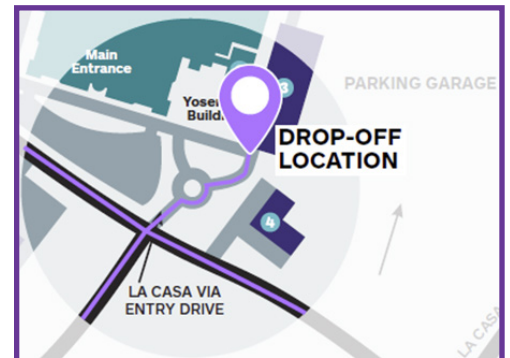
**THANK YOU!** We are so very grateful that you are thinking of John Muir Health at this challenging time. We are currently in the preparation planning phase and appreciate your offer to assist in our efforts to provide care to our community.

Our plan is to distribute these masks to our hospital teams as needed and share with our community partners with whom we are in contact daily about how we might be of assistance to them as well.

## Requirements for Mask:

- Fabric for the outer layer of masks should be thread count 750 or higher as the tighter weave is more impermeable. Fabric for the inner layer should be 100% cotton.
- Masks should have ties on all four corners that can be tied behind your head. Ties should be 45 inch of fabric or bias tape versus elastic as provides a tighter seal.
- Masks should have a side entrance pocket that allow staff to add an extra layer of protection.
- Curved shaped masks are preferred. Attached, we have provided a pattern for your use.
- Solid colors or printed fabrics accepted.

Thank you for your support as we work together to manage the COVID-19 pandemic. Your donations, combined with our existing supplies, will help to keep our patients, physicians, nurses and clinical support staff safe.



## Drop Off Location

**John Muir Health, Walnut Creek Medical Center**

Tuolumne Center, 175 La Casa Via, Walnut Creek, CA 94598

Supplies donated at this location will be used for our medical centers and outpatient facilities.

## For questions, please contact:

John Muir Health Foundation  
1400 Treat Boulevard, Walnut Creek, CA 94597  
Phone (925) 947-4449 | Fax (925) 941-2132  
Email: [foundation@givehealthjmh.org](mailto:foundation@givehealthjmh.org)  
[www.givehealthjmh.org](http://www.givehealthjmh.org)





# Face Mask Pattern

## Materials

Fabric for outer layer, recommend thread count 750 or higher as the tighter weave is more impermeable; inner layer should be 100% cotton. 45 inch ties (cut 45 length strip, sew lengthwise and then turn inside out; or can be made using bias tape.)

## Instructions

Using pattern, prepare outer and inner layer of mask. Pin outer and inner layer at the Curve A seam with right sides of the fabric facing each other, sew top and bottom, being careful not to sew over ties. This creates a pocket on both sides to insert a filter layer. Turn fabric right side out.

### Inner Layer

- Fold two pieces of fabric with right side of fabric on the inside, trace pattern and cut.
- Pin and sew along Curve A using 1/4 inch seam allowance.
- Fold side B inward 1/2 inch toward the wrong side of fabric and sew using 1/4 inch seam allowance. Repeat for the other side.

### Outer Layer

- Fold two pieces of fabric with right side of fabric on the inside, trace pattern and cut.
- Pin and sew along Curve A using 1/4 inch seam allowance.
- Fold side B inward 3/4 inch toward the wrong side of fabric and sew using 1/4 inch seam allowance allowing for the tie to be fed through this area (or sew the tie into this area allowing for the same length on either side). Repeat for other side.

