Three Flowers Supply List

Needle turn Appliqué using a toothpick.



10" Background square – finger press horizontal and vertical middles. Put a small mark at edge of each of those finger pressed lines. You can see my tick marks on the photo.

Fabric for flowers, flower centers, leaves, stems, vase and heart [this goes on the vase] – colors of your choice. Avoid loosely woven fabrics as they are difficult to appliqué.

Freezer paper – only need a small amount. I'll bring extra.

Pencil or other non-permanent markers, water erasable, fine point [Mark-B-Gone]. For white, I like Fons & Porter's refillable white pencil.

Thread to match fabrics. Thread colors a shade lighter are easier to hide than those darker than the fabric. Neutrals can also work (I'll bring some with me). The finer the thread the less it will show. I use Bottom Line [Superior] or Masterpiece 2 ply [Superior] and sometimes silk. Silk is tricky to work with and not recommended for those new to appliqué.

Appliqué needles [if you are a beginner, size 9 or 10] – I like my needles longer than the regular appliqué needles so I use size 11 straw needle [my preferred brand is John James]. A Needle threader is a great help!

Pins – if you have them, short pins. Clover makes some.

Small scissors with sharp point. Also good to have but not necessary, is a curved scissors. Paper scissors too.

Round wooden toothpicks - I'll bring some extras.

Optional Items:

For circles I like to use a Berol RapiDesign Circle plastic template that you can find in an Office supply store in the drafting section. This way I can get almost perfect circles. I'll bring mine.

We should be able to eyeball the piece placement with this pattern. I'll bring some clear vinyl to make a pattern overlay. Can use a single layer of a sheet protector. Sharpie ultra fine point to mark the overlay. I'll show you how to use this for the more complicated patterns.